



Education and
Lifelong Learning

Éducation et
Apprentissage continu



Student Well-being Program

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Programme de bien-être scolaire

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Dear Parents / Guardians,

Have you heard about the **Student Well-being Teams**? They are in all Island schools to support students. These teams promote healthy living and help students with mental health and other issues to help them be strong students and community members. Here are some ways teams help:

- **HEALTH PROMOTION**

- Teams present and lead activities with students on how to be strong, healthy and resilient.
- Teams help students understand how they are feeling, how others are feeling, and what the student can do about it.

- **SUPPORT FOR THOSE WHO NEED IT**

- Teams deliver **Group Programs** in school or community
- **One-on-one support** in school or community
- **Parent Support** at school or at home

The Student Well-being Team works with the school's student services team and is there for any student or parent. Even though the Student Well-being Team has an office in the school, they spend time in many areas of the school like classrooms, the gym, or playground leading various activities focused on your student's well-being. If you have questions about your child's well-being, reach out to the Student Well-being Team, as well as your child's classroom teacher.

How can a child be seen by the Student Well-being Team? A child can be referred by a parent, teacher or doctor or they can refer themselves to the service by contacting the school counsellor or Principal. Parental consent is strongly encouraged for all students and required for any students under the age of twelve.

Want to learn more about the Student Well-being Teams? Click here: princeedwardisland.ca/StudentWellbeingTeams

Have a wonderful year!

Geoff MacDonald, Tara Roche, Danielle Hennessy, Yvonne Thompson

Student Well-being Team Leadership Team



Supporting Island children and their families to be the best they can be.

Aider les enfants de l'Île et leurs familles à donner le meilleur d'eux-mêmes.