

Eliot River Elementary

Mission Statement: Making choices for positive learning



Upcoming Important Dates:

October 9	Thanksgiving Holiday (No School)
October 10	4C/4D/4F/4G Field Trip to Orwell Corner
October 11	Cross Country Meet
October 12	4A/4B/4E Field Trip to Orwell Corner
October 16	5A/5B/5D/5E Field Trip to Orwell Corner
October 23	5C/5F/5G Field Trip to Orwell Corner
October 24	Photo Retakes
October 25 (raindate 26th)	Scream Park
October 27	Professional Learning Day (No Classes)
October 30	Cool Kids Care visit Andrews Lodge (6:30pm)
November 2	HPV Needles for Grade 6
November 7	No Stone Left Alone - Grade 4
November 13	Remembrance Day (No School)
November 16 & November 17	PEITF Convention/Cupe 1770, 1145, 3260 Annual Convention (No School)
November 23	Parent-Teacher (Evening)
November 24	Parent-Teacher (No Classes)

Pick Up/Drop Off during the school day: A reminder that if you are picking up or dropping off your child during the day, you can still park by the blue shed (off Terry Fox Place) and take the sidewalk along the construction zone to our side door. Once inside, follow the hallway down to our main office. All students leaving early or being dropped off late need to be signed in and out of our main office.

Safe Arrivals: With many of our students walking to school, or catching a bus after parents have left for work in the morning, we have a safe arrival procedure in place. To help us ensure everyone is safe, please notify the school if your child is going to be absent. You can call in the absence after 8am (902-368-4270) or email the school. If you are emailing your child's teacher, it would be great if you could copy our Admin Assistant, Krista (kayoung@edu.pe.ca) in case the teacher is absent that day. We will be following up with families via email if their child is "absent-unexcused" each morning.

Scream Park: We are pleased to be able to host the return of our annual Scream Park on Wednesday October 25th, 2023. The light hearted theme for our younger audience will take place from 5:30-7pm, with the scary theme going from 7:30-9pm. Admission is a minimum donation of \$2 to support our Phys Ed program. The Thriller dance group will be attending and accepting monetary donations for the local food bank. Stay tuned for more information in the coming weeks and a request for donations of treats for our Home and School canteen fundraiser.

Battery Challenge: is in full swing and goes until the end of October. We are accepting any batteries (10 lbs or less). There are class prizes for the most collected. We are attempting to retain our title of Canada's Top School. Last year we collected 3083 kgs! The top school is awarded \$3000 and we are planning to put any potential winnings towards the build of our outdoor classroom.

Fall Coupon Book Campaign: Order forms go home next week for our BOGO coupon books. Orders will be due the week of October 31st. Books will go home on November 10th and make a great stocking stuffer. This fundraiser allows us to support academic, physical, and social emotional initiatives in our school throughout the year.

Cross Country: We will be hosting the Zone Cross Country Meet during the morning of Wednesday October 11th. We will have over 20 schools and 800 runners participate in the run and our grade 6 leadership students will play a key role in making sure the day goes smoothly. Best of luck to all of our runners!

Eliot River's 50th Anniversary: 2023 is the 50th Anniversary of Eliot River Elementary. We have special clothing available from All Star Cresting. It might make a great Christmas gift for current and former students! https://allstarcresting.ca/eliot_river_elementary_school/shop/home

Grade 5 Friendship Presentations: Over the next month or so, Grade 5 students will be given an opportunity to learn more about friendship and continue to develop our positive school community and culture. The Youth Service Worker (Valerie Acorn) will be visiting the classes to work with classroom teachers to discuss and explore the following topics: skills needed to develop friendships and make friends, how to be a friend, navigating conflicts in friendships, and understanding more than one point of view. This work aligns well with our Health Curriculum at Grade 5.

Scent Policy: All schools in the Public Schools Branch follow a scent free policy. https://psb.edu.pe.ca/sites/psb.edu.pe.ca/files/2022-05/604_Scented_Products_and_Fragrances.pdf Please be cognizant of any scented deodorant, laundry, shampoo and any other products that your child may be wearing to school. We want all of our students and staff to stay healthy and well.

Forks, Spoons and Water Bottles: a reminder that forks and spoons are not provided by the provincial lunch, so if you are ordering, you must send utensils with your child on those days. The school does not supply these from an environmental standpoint. As well, students must bring a filled water bottle each day to school. Our water bottle filling stations and classroom sinks are available for refilling throughout the day.

School Occupational Health: Welcome to the 2023-2024 school year! This letter is to inform you that the School Therapy Occupational Therapy Program will be at Eliot River Elementary School this school year. Occupational Therapists (OTs) are regulated health professionals who work with children

in many different settings and who know a lot about motor development, sensory processing as well as environmental set up, adaptations and accessibility. OTs support students in schools with participating in

- Personal cares: bathroom routines, putting on and removing outdoor clothing and footwear, clothing fasteners (e.g., snaps, zippers, buttons, shoelaces), opening and closing lunch containers, feeding self, etc.
- Classroom and school routines: transitioning between activities or spaces within the classroom or school, organizing and locating school materials, participating in classroom routines, participating in Phys Ed, library, music, recess, and playground activities, etc.
- Learning-based activities: using classroom tools (e.g., scissors, pencils, glue stick, learning manipulatives, etc.), expressing learning through cutting, colouring, drawing, printing, cursive writing and using technology, self regulation with respect to focusing attention and starting work in a timely manner, etc.
- Managing sensory demands of a school environment: managing the sound of the bell and /or announcements, sounds and movement in busy corridors, echo in the gym, sounds during assemblies, lighting in the school, feel of learning materials, etc.
- Managing the physical environment: accessing spaces when using mobility aids (e.g., wheelchairs, walkers, etc.), accessing appropriate classroom desk and chair heights, using flexible seating options and optimal learning spaces, using equipment for personal cares and technical access (e.g., change tables, lift systems, switches for environmental controls or communication devices), etc.

The OT will be part of the school team and accessible to all school staff as well as to parents/guardians. While at the school, the OT will spend time in many areas of the school (i.e., classrooms, gym, music, playground, etc.) and will observe students participating in their school activities. The OT will guide school staff in understanding how they can use activities within the classroom to help children with their motor skills and sensory processing.

If the OT, together with your child's teacher, notice your child is having difficulty in the above-mentioned areas the teacher will contact you to discuss making an individual referral to the School Therapy OT Program. If you have questions or concerns about your child in the above-mentioned areas, please feel free to contact the OT at Eliot River Elementary School as well as your child's classroom teacher.

If a family doctor, pediatrician, or other health agency would like your child to be seen by the School Therapy, OT program, the referral request must be communicated to both you as well as your child's school to start the referral process.

If your child is currently being seen by private OT and you and your child's school team would like to refer your child to the School Therapy OT Program, please feel free to contact the OT at Eliot River Elementary School to discuss the transition from private OT to the School Therapy, OT Program.

The OT with the School Therapy OT Program at Eliot River Elementary School is Nicole White (MacLauchlan), OT Reg.(PEI). She will be at Eliot River Elementary School every Day 3. If you have any questions, please feel free to contact the school or Nicole at cnmaclauchlan@ihis.org or 1-902-213-4715

Do you follow us? At Eliot River, we use emails, newsletters, and social media to share all the fun things going on in our building. Please follow us at:

Instagram: @eliotriver

Facebook: ERES

Twitter: @eliot_river

Home and School on Facebook: Eliot River Home and School

Home and School News

Semi-Meeting

The PEI Home and School Federation's Semi-Annual Meeting will be held on Monday, October 23, 2023, 6:00-8:00 PM at Central Queens Elementary School, 19821 2 Rte, Hunter River, PE C0A 1N0. Light refreshments provided.

"HELP MY CHILD" Panel Discussion topics/speakers will include:

1. What is Home & School? David Schult, Former international school teacher and administrator having worked overseas for over 24 years, in seven countries before returning to Canada in 2021, will provide background and context to what Home and School is and does.
2. COMPASS Student Health Survey! Cody Davenport, PEI COMPASS Research Project Lead, PEI Chief Public Health Officer, will present student health survey results about their health and health behaviours including sedentary behaviours, physical activity, mental health, healthy eating, substance use, bullying, academic outcomes, and sleep.
3. Screens in schools: simple ways to maximize the benefits and minimize the harms! Dr. Travis Saunders, PhD, CSEP CEP, Professional Kinesiologist (he/him), UPEI Associate Professor, Dept. Applied Human Sciences. Screens are an increasingly regular part of the school day bringing both opportunities and challenges for student learning and health. Dr. Saunders will give an overview of research on the ways that schools can maximize the benefits and minimize the harms of screen use in schools.

REGISTER by Oct. 18/23 using the [Online Registration Form](#) linked here:

<https://docs.google.com/forms/d/1jqKPoXSDO1MH9GulZ9Hp3xqXJbtNXtr1dENvPmPmqEM/edit>

What's on your Home and School agenda? Home and School = TEAMWORK

Meet with the principal/other school staff in Sept./Oct. to set goals for the 2023-2024 school year.

- Add discussion about collaborative ways to support the school to your agenda
- Add activities and educational topics (e.g., COMPASS Student Health Survey)
- Add Federation monthly news (e.g., Semi-Annual, Oct. 23; Training Wksps, Nov. 6&7)
- Add gov announcements applicable to student learning and supports

- Add fundraising initiatives discussion and determine the purpose

REMEMBER: Everything we (parents and teachers) do is for students' benefit!

Training Workshops for Volunteers

Vicki Bryanton and Stephen Gould will lead Home and School Training Workshops as follows:

Nov. 6 - Miscouche Consolidated School, 6:30 – 8:00 PM

Nov. 7 - West Royalty Elementary School, 6:30 – 8:00 PM

All school volunteers are welcome! No cost.

Register by emailing peihsf@gov.pe.ca or call 902-620-3186 by Nov. 1st.

Parent Leadership Grants

Funds are available for up to \$500 per Home and School Association to organize parent educational, leadership initiatives in your school community. For more information, go to: <https://peihsf.ca/grants/>

Questions? Contact the Federation office at: 902-620-3186 / 1-800-916-0664 / peihsf@gov.pe.ca

 Follow PEIHSF on Twitter @peihsf and Facebook at: PEI Home and School Federation

Community News

CHANCES

Smart Play Ferry Road Before and After School Program CHANCES Smart Play Ferry Road before and after school program is a licensed high-quality childcare program for children aged kindergarten through grade 6 that require after school care. This program will provide your child with opportunities for positive emotional, physical, and intellectual experiences that will promote his or her overall growth. The program makes effective use of before and after school time where children can benefit from social interaction and play.

We are excited to share that we have a few after school spaces for this school year. If you are interested in registering, please click on the link provided below.

<https://www.cognitofrms.com/CHANCES1/CHANCESSmartPlayFall2023RegistrationForm>

You could also call us at 902-370-3220

Thank you,
CHANCES

LEARN TO SKATE (WITH SPEED SKATING PEI)

Our Learn to Skate program is aimed at skaters 4 to 8 years old who are just starting to skate or who want to improve their basic skating skills. For those who can already skate and are looking to improve their speed and strength, we offer a range of programs for all ages and levels. Visit us at speedskatingpei.ca to learn more or sign up today! If you have any questions, please email info@speedskatingpei.ca.

NEW TO HOCKEY (FEMALE)

North River Minor Hockey will again be offering a New to Hockey Camp for female players between the ages of 7 and 17 this fall. This camp is designed for players that haven't played organized hockey in the past, who want to try hockey in a fun non-competitive environment.

The camp will include 7 x 1-hour sessions over 2 weeks, which will focus on learning the basics skills of hockey and the fun the sport can offer. It will be run by NRMHA Volunteers along with players from our female program.

When:

1. October 2nd, 2023 5:10 PM - 6:10 PM
2. October 4th, 2023 4:30 PM - 5:30 PM
3. October 7th, 2023 12:40 PM - 1:40 PM
4. October 13th, 2023 6:20 PM - 7:20 PM
5. October 15th, 2023 5:40 PM - 6:40 PM
6. October 16th, 2023 5:10 PM - 6:10 PM
7. October 19th, 2023 4:00 PM - 5:00 PM

Where: All Ice times are at the APM Centre in Cornwall.

Cost: \$80 / player

***DO NOT SUBMIT YOUR NRMHA REGISTRATION until the camp is completed. When the camp finishes on October 19th - you will receive your registration link for the season.**

Any players who participate (who haven't been registered with NRMHA in the past two years) that register for the 2023-24 season with NRMHA this money will be deducted from their registration!

** Equipment will be available to borrow for this event thanks. Details will be provided to players interested in registering.

To Register click on the following link.

<https://forms.gle/1mSvEhyY1KL1Ec2q6>

Payment can be made by e-transfer - to NRMHAPayments@gmail.com. Please advise in Payment - New to Hockey program and player's name

NORTH RIVER 4-H CLUB REGISTRATION INFO FOR THE 2023-2024 PROJECT YEAR

Are you wondering what activity to sign your child up for this upcoming school year? Join 4-H!

4-H is one of PEI's longest running youth organizations for young people aged 9 to 21. It's a family-oriented, community-based, organization that provides opportunity for leadership and life skills. Members enroll in skill-based projects of their own choosing. Each year, clubs achieve success through completion of mandatory components including member projects, communications, community service and agriculture awareness, through direct participation and support from family members and volunteer leaders. In doing so, the members develop the tools for positive mental, physical and social health.

The North River 4-H Club has Registration Night for the 2023-2024 4-H Year coming up!

When: Wednesday, September 20, 2023

Where: North River 4-H Clubhouse, 1296 Kingston Road, Kingston

Time: 6:30pm to 8pm

Cost: Registration fee for the 4-H year is \$50 per member or \$100 per family. Payment can be made on Registration Night by cash or cheque in person, or via Etransfer by emailing northriver4hclubpei@gmail.com .

Projects offered for the 2023/2024 4-H year (as of Sept 5 ... more projects may be added as leaders become available):

* Please note: some leaders have a maximum number of members in their project groups on a first come first served basis at time of registration.

Woodworking 1	Woodworking 2 & 3
Junior & Senior Beef	Market Beef
Dairy	Cloverbuds
Horse and Pony	Canine
Rabbit	Lego
Seasonal Decorations	Foods 3
Great Outdoors (*NEW!)	Floriculture (*NEW!)

There are several other projects available through 4-H, but we are unable to offer those projects due to the unavailability of a leader. If you have a special talent that you would like to share with our youth and would like to become a leader with our club, let us know! (Just a reminder that leader requirements need to be fulfilled before the project can be made available to our members.)

If anyone has any questions about our club or the 4-H program, feel free to message us on our North River 4-H Club Facebook page or email us at northriver4hclubpei@gmail.com

PIANO LESSONS

Limited spaces are now available in the Cornwall area, for anyone aged 5 and up, for private piano lessons from an experienced teacher. For more information, please call or text Lisa Stead at 902-388-7119.

Thank you! Lisa Stead

APM Centre Skating Schedule Current to December 21st, 2023

Fees for skates : \$2.50 Adult , \$2.00 Students, \$1.00 Preschool, \$7.00 for Family (*Max 6 people*)

All children under the age of 14 must be accompanied by an adult.

All children under the age of 18 must wear a Helmet. (Limited Loaner helmets available at the Canteen)

All Regular Rules apply. Please visit website at www.apmcentre.com and follow our Facebook page "APM Centre" for up-to-date rules, skate additions and changes.

Family Skate:

Sunday	12:50pm to 1:50pm
Tuesday & Thursday	10:00am to 11:00am

Adult Skates:

Tuesday & Thursday	9:00am to 10:00am
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SAVE THE DATE

SCREAM PARK

**WEDNESDAY
OCTOBER 25TH**

ELIOT RIVER

5:30-7:00 LIGHT

HEARTED

7:30-9:00- SCARY



