Eliot River Elementary

Mission Statement: Making choices for positive learning



Upcoming Important Dates:

Understanding Your Brain Parent Presentation - 6:30pm
Area Association Day (No Classes for students)
9:15 am Grade 6 classes to EWS for Band Concert
French Immersion classes to Ecole Sur Mer (morning)
Statutory Holiday (No Classes)
Good "Ole" Hockey Game (Grade 6 students vs teachers) @7:10pm
Home and School Meeting 6:30 pm
HPV Needles for Grade 6 (#2)
Grade 4 Orientation
Grade 6 Math Provincial Assessment
Grade 6 Spring Fling (11 am and 6:30 pm)
Grade 4 to Shining Waters
Grade 6 to Magic Mountain
Grade 5 to Sandspit
Grade 6 Closing Ceremonies (see schedule below)
Last Day of School (BBQ)

<u>Understanding your Brain Parent Presentation</u>: Thursday May 2nd, 2024 at 6:30pm will be the second presentation in our series. This presentation will provide parents with a snapshot of the psychoeducation that is taught to students that deals with the physiological response to emotions. Our hope is that together we can support children when they have challenging emotions by giving them knowledge about what is happening in their bodies, the language to support their understanding, and the tools to help them better regulate their emotions.

Coupon Books: Thanks once again for all your support again with our Spring fundraiser. Coupon books will go home next week with our students.

Spring Fling: Rehearsals are underway for our Grade 6s for this year's Spring Fling "Worst Summer Ever!". Grade 6 families are asked to save the date of <u>Thursday June 13th</u> for the show. There will be two performances (11am and 6:30pm). We will be presenting the show at UPEI's Performing Arts Centre.

• <u>Tickets</u> will go on sale <u>Tuesday May 21st</u>. A link will be emailed out so that parents can claim their first round of tickets. Every student will be guaranteed 2 matinee tickets and 2 evening

tickets initially, but these <u>MUST</u> be requested via the link. After our first round, we will offer up any that are left over for a further opportunity for parents to request additional matinee and evening tickets. Tickets will cost \$5 each and the funds help us cover the costs of renting the facility and sound system.

Spring Fling Rehearsal Schedule: The following is the after school rehearsal schedule. Rehearsals run from after school until 4pm. Parents are asked to pick up their child via the main entrance doors.

Date	Who?
Tuesday May 7th	Summer School Kids (Jack 6B, Paisley 6G, Levi 6G, Savannah 6C, Sam 6B, Mary 6A, Faith 6G) Teacher - Lauren 6G Jake - Carter 6G Police Officers - Nolan 6A, Ben 6A
Tuesday May 14th	Tomlinson - Aiden 6E Campaign Ads - Amelia 6C, Addy 6C, Amelia 6C Campaign Leader - Grace 6C Jake - Carter 6G Tristan - Sam 6B Clayton - Levi 6G
Wednesday May 15th	Circus Act 6A - Mary, Mya, Tia, Cecilia, Alyvia 6B - Skye, Isabella, Lily, Elijah, Callum, Luke, Robbie, Tia, Audrey, Elise, Emily 6C - Eva, Savannah, Evy, Addy, Liv, Mae 6F - Abbie, Peyton, Braylyn, Zoe, Charley, Lillianna 6G - Lily, Reagan
Tuesday May 28th	Summer School Kids (Jack 6B, Paisley 6G, Levi 6G, Savannah 6C, Sam 6B, Mary 6A, Faith 6G) Chris' Parents - Mya 6A, Jack 6A Tristan's Parents - Evy 6C, Kinley 6C Police Officers - Nolan 6A, Ben 6A
Wednesday May 29th	ALL GRADE 6 Students
Tuesday June 4th	ALL GRADE 6 Students

<u>Grade 6 Closing</u>: Our closing ceremonies for Grade 6 classes will be held during the day on <u>Tuesday June 25th, 2024</u>. Each class will have a 30 minute ceremony in the activity room. The schedule for the day will be as follows:

Eliot River Grade 6 Closing		
9am	Grade 6F (Allyson McCarron)	
9:45am	Grade 6E (Krista MacFadyen)	
10:30am	Grade 6B (Daniel Tooker)	
11:15am	Grade 6C (Bryan Bradley)	
12pm	Grade 6G (Amanda Ellis)	
12:45pm	Grade 6A (Brent Thompson)	

New Grade 4 Orientation: There will be an orientation for current Grade 3 students from Westwood Primary on Thursday May 30th, 2024 at Eliot River Elementary. We will be offering two sessions, the first at 4:15 p.m. and the second at 5:00 p.m. Please choose whichever session works best for your family. Please meet in the activity room for a quick presentation followed by a tour with the Grade 4 teachers. For parking, you have two options:

- Off Terry Fox Place park by the blue shed or Terry Fox parking lot and enter the school by
 following the sidewalk in front of the construction fencing to the side door. Activity room is just
 down the hall on the left.
- Off Hilltop Drive park anywhere in the parking lot and enter via the new main entrance of the school. Activity room is to the right.

End of Year Field Trips:

- Grade 4 will be going to Shining Waters on Tuesday June 18th
- Grade 5 will be going to Sandspit on Thursday June 20th
- Grade 6 will be going to Magic Mountain on Wednesday June 19th

We will have enough staff at all of these events and will not require parent volunteers for these excursions.

Sunsense: Eliot River is participating in the Canadian Cancer Society's SunSense program. This program is aimed at educating children, parents, and school staff about the importance of sun safety and the best practices for sun protection. Did you know that exposure to ultraviolet radiation during childhood is an important risk factor for developing skin cancer later in life? It's true, as little as one sunburn during childhood can increase skin cancer risk. At school, your child will be participating in educational lessons to understand ultraviolet radiation and how to protect themselves by practicing the 5 S's of sun protection: SEEK, SLIP, SLAP, SLOP, and SLIDE.

- SEEK shade or create your own
- SLIP on protective clothing
- SLAP on a wide-brimmed hat
- SLOP on sunscreen (SPF 30+)
- SLIDE on sunglasses (UVA and UVB protection)

If possible, talk to your child about what they learned and reinforce these lessons at home. Remember to protect yourself from the sun too. You can also visit the SunSense website sunsense.ca for more

information and resources for parents. There are many benefits to children learning and playing outdoors. Together we can teach them about sun safety and enjoying the outdoors in a healthy and safe way.

<u>Forks, Spoons, and Water Bottles</u>: please continue to send utensils if your child orders from the provincial lunch program, as they are not provided. As well, please send a water bottle to school each day as most of our fountains are now water bottle filling stations only.

<u>Do you follow us?</u> At Eliot River, we use emails, newsletters, and social media to share all the fun things going on in our building. Please follow us at:

Instagram: @eliotriver Facebook: ERES Twitter: @eliot_river

Home and School on Facebook: Eliot River Home and School

Home and School News

1. School Bus Driver Award

Reminder: Home and Schools can nominate a school bus driver to receive recognition for keeping our children safe as they travel to and from school. Submission date: Friday, May 10, 2024. More at: https://peihsf.ca/school-bus-driver-of-the-year-award/

2. Newly Elected Board

Congratulations to Shannon Bruyneel, the newly elected PEI Home and School Federation president and the incoming 2024-2025 board. Thank you to outgoing president Dionne Tuplin, board reps Matthew McNally and Elina John, and local Home and School delegates and guests for participating in the AGM on April 13. Vacant positions include Bluefield, Colonel Gray, Morell, and Souris. If you want to join the PEIHSF board, contact the Federation office at 902-620-3186 / peihsf@gov.pe.ca for details.

3. <u>Provincial Science Fair Specialty Awards</u>

The PEI Home and School Federation presented Specialty Awards at the 2024 Provincial Science Fair on April 9. Congratulations to Mariella Walsh, West Royalty, Grade 6, "Which Environment Affects Your Memory the Most?" and Charlotte Beatty, Donagh, Grade 5, "Hey Mold? Whatcha Eatin'?"

4. Public Schools Branch

The PSB Review of Schools Report for the Charlottetown Family of Schools (Charlottetown Rural and Colonel Gray) is available and can be found at: https://psb.edu.pe.ca/news-updates. PSB Board of Trustees meeting dates will be posted online at https://psb.edu.pe.ca/board-meetings-and-minutes

5. School Calendar

The Department of Education and Early Years released the 2024-2025 School Calendar on April 17. Find posted at 2023-2024 School Calendar | Government of Prince Edward Island

6. COMPASS Student Health Results 2023-24

The 2023-2024 COMPASS Student Health Survey results are posted at: (https://www.livewellpei.ca/compass-project-0).

7. The Guardian Home and School News Column

President Shannon Bruyneel's first Home and School column will be published on May 3 and the ensuing first Fridays of the month during the school year. The Guardian columns are posted online at https://peihsf.ca/news/.

Community News

323 Blue Heron Sea Cadets in Cornwall, FREE TO JOIN!

Sea cadets is a **FREE** program for youth ages 12-18 that encourages self confidence, citizenship, and responsibility in a structured dynamic program. Our program gives the opportunity to learn about sailing, nautical activities, and to have fun! Cadets learn useful skills such as leadership, teamwork, and self discipline that will help them to succeed in the future. Cadets also offers various opportunities; to learn new skills, such as marksmanship, orienteering, music, and biathlon. Also, to experience summer camps, trips, international exchanges and achieve additional high school credits. It is a place where you can connect with other youth and build lifelong friendships.

We would love to invite you to come check us out, youth are able to join at any time! Drop in on parade nights when we meet every Wednesday night at the West River United Church at 6:15pm

For further information call 506-866-2460 or check us out on Facebook https://www.facebook.com/323blueheron



Incredible **Years Parent** Group

All parents & caregivers with children aged 5-12 welcome



Date:

Monday evenings May 6

Time:

6:00-8:00 p.m

Location:

Virtual Session

Weekly sessions run 2 hours for 8 weeks

- The importance of parental attention and special time with children
- Academic, persistence, emotion & social coaching
- Effective praise and encouragement
- Using incentives to motivate children
- Household rules, responsibilities, and routines

- Clear and respectful limit setting
- Ignoring misbehavior
- Using time out for destructive behavior & extreme oppositional behavior
- Imposing logical & natural consequences
- Promoting reading skills
- Good learning habits and routines

Contact Sarah Fletcher, Family Support Worker

Bluefield Family of Schools smfletcher@gov.pe.ca • 902-218-2316



Outdoor Soccer Programs: May 14th is the start date for Delta Soccer's spring outdoor programs. For registration, you decide how much and how often you want to participate. Players born 2020 to 2015 will get a soccer experience no community club can offer. For players born 2014 to 2011, Delta Soccer offers skills training that is tailored to the specific needs of each individual outfield player and goalkeeper. You will not find this personalised type of program offered anywhere else on the Island. This outdoor soccer season, try different and experience the difference. For more information and to register, go to delta soccer.ca.

<u>Just for Fun Summer Soccer Camps:</u> Loads and loads of fun to be had by all who attend Delta Soccer's half day indoor soccer camps. Running Monday to Friday from 12:20 to 4:20 pm, you can choose our July 8-12 camp or the July 22-26 camp. Each camper gets a Delta Soccer T-shirt as well as a chance to win prizes. For more information and to register, go to deltasoccer.ca.

<u>Programmes de soccer extérieur:</u> Le 14 mai est la date de début des programmes extérieurs du printemps de Delta Soccer. Pour l'inscription, vous décidez combien et à quelle fréquence vous souhaitez participer. Les joueurs nés entre 2020 et 2015 vivront une expérience de football qu'aucun club communautaire ne peut offrir. Pour les joueurs nés entre 2014 et 2011, Delta Soccer propose une formation technique adaptée aux besoins spécifiques de chaque joueur de champ et gardien de but. Vous ne trouverez ce type de programme personnalisé offert nulle part ailleurs sur l'Île. Cette saison de soccer extérieur, essayez différent et découvrez la différence. Pour plus d'informations et pour vous inscrire, visitez deltasoccer.ca.

<u>Camps de football d'été juste pour le plaisir</u>: Des tonnes de plaisir pour tous ceux qui participent aux camps de football en salle d'une demi-journée de Delta Soccer. Du lundi au vendredi de 12h20 à 16h20, vous pouvez choisir notre camp du 8 au 12 juillet ou le camp du 22 au 26 juillet. Chaque campeur reçoit un t-shirt Delta Soccer ainsi qu'une chance de gagner des prix. Pour plus d'informations et pour vous inscrire, visitez deltasoccer.ca.