

Eliot River Elementary

Mission Statement: Making choices for positive learning



October, 2026

Upcoming Important Dates:

Friday October 2nd	Let Grow Kick Off Assemblies
Tuesday October 6th	HPV Needles for Grade 6 Students (morning)
Wednesday October 8th	Zone 3 Cross Country (rain date: October 9th)
Monday October 12th	Thanksgiving Monday (no school)
Thursday October 15th	Grade 6 Leadership Scream Park Preparation 2:45pm- 4pm
Wednesday October 21st	Scream Park Light Hearted - 5:30pm-7pm Scary - 7:30-8:30pm
Thursday October 22nd	Grade 5A, 5C, 5D, 5E to Orwell
Friday October 23rd	Grade 5B, 5F, 5G, 5H to Orwell
Wednesday October 28th	School Photo Retakes Grade 4A, 4B, 4F to Orwell
Thursday October 29th	Grade 4C, 4D, 4E to Orwell
Monday November 9th	No Stone Left Alone - Grade 4 (morning)
Tuesday November 10th	Remembrance Day Assembly at 10:45am
Wednesday November 11th	Remembrance Day - No School for Students
Monday November 16th	Report Card Day - No School for Students
Thursday November 26th	Parent Conferences (evening)
Friday November 27th	Parent Conferences (day) - No School for Students
Tuesday December 15th	Grade 4 Christmas Concert (10am and 1pm) (storm date: Dec 16th)

Let Grow: Eliot River's *Let Grow Experience* is returning for its second year, giving our students monthly hands-on "homework" assignments designed to build independence, self-confidence, and resilience. For families returning to the program, it's a continuation of

watching your children stretch their boundaries and discover new talents through real-world activities. For those new to Let Grow, this simple initiative invites students to take on new, self-directed tasks entirely on their own—from making breakfast to navigating a neighborhood errand—while encouraging parents to step back and let them shine. By trusting children with appropriate freedom, we help them develop strong problem-solving skills, manage frustration, and experience the immense pride of personal accomplishment. In October, we will be working on the general theme of Independence and “Spreading Your Wings”. We held our kick off assemblies on October 2nd and will meet at the end of each month to celebrate our students’ accomplishments.

Truth and Reconciliation: We held our annual Truth and Reconciliation assembly on Monday September 28th. We learned about the lasting impacts of the forced assimilation of Canada’s Indigenous communities. We honoured and celebrated residential school survivors (and their descendants). The theme of the day was belonging and accepting each other's differences. A special thank you to Ms. Mooney, dance and song performer, Taya Wooldridge, our guest speakers, Terry and Bev LeBlanc, and our grade 5 students for presenting and signing.

Hot Lunches: Thanks for your patience with us as we ironed out a few mistakes with our ordering system. Mr. Ford built and ran our program for many years, so with his retirement last June, there has been a learning curve for our office staff this year. Our Hot Lunch program has the following menu items:

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Delight	Chef Stefanie	Chef Stefanie	Pizza Delight	Chef Stefanie and Quiznos
-Spagetti -Lasagna -Chicken Soup	Chicken Noodle Soup and homemade bun <u>Rotating weeks:</u> -Chilli -Fried Rice -Penne -Caesar Wrap	Chicken Noodle Soup and homemade bun <u>Rotating weeks:</u> -Lasagna -Shepherd's Pie	-Pizza -Gluten Free Pizza	<u>Quiznos</u> -Ham or Turkey Sliders -Chicken Wrap -Turkey, Chicken Veggie, Ham, Italian, Beef Sub -Chicken Salad -Pizza Flatbread <u>Chef Stef's</u> Loaded Potato

We appreciate you paying for your orders each month, as we need to pay our vendors in a timely manner.

If you are struggling to pay, a reminder that the PEI School Food (<https://peischoolfood.ca>) orders are always *pay as you can*.

Provincial School Food: If you are ordering lunches for your students from PEI School Food, please ensure that you have updated your child's homeroom/class. We have many meals still coming without that important information. It helps us get food orders sorted and to the correct classrooms quickly and efficiently, so we appreciate your support in getting that updated.

Forks, Spoons, and Water Bottles: If your child orders from either lunch programs, please send utensils (fork or spoon) with your child each day, as they are not provided by the program or the school. As well, please send a water bottle to school each day as most of our fountains are water bottle filling stations only.

Zone 3 Cross Country Meet: We will be hosting the Zone Cross Country Meet during the morning of Thursday October 8th. We will have over 20 schools and 800 runners participate in the run and our grade 6 leadership students will play a key role in making sure the day goes smoothly. Best of luck to all of our runners!

- 10:00 a.m. - PRE-NOVICE BOYS (GRADE 3 AND 4) - 1.5 km
- 10:15 a.m. - PRE-NOVICE GIRLS (GRADE 3 AND 4) - 1.5 km
- 10:30 a.m. - NOVICE BOYS (GRADE 5 AND 6) - 2.0 km
- 10:45 a.m. - NOVICE GIRLS (GRADE 5 AND 6) - 2.0 km

Times are approximate but should be fairly close.

PARKING - For parents and spectators will be in the parking lot behind the school (by the baseball field). Entrance is off Main Street. Cars are not permitted to park on Hilltop Drive or in our Bus/Staff Parking Lot. Thank you for your help with this.

Fall Coupon Book Campaign: Order forms go home next week (October 5th) for our BOGO coupon books. Orders will be due the week of October 26th. Books will go home in November and make a great stocking stuffer. This fundraiser allows us to support academic, physical, and social emotional initiatives in our school throughout the year.

Terry Fox: Thank you to Mr. Mayer and Mrs. Stairs for organizing our annual Terry Fox Assembly and Run on Friday September 25th. It was a beautiful day for our run, so we spent the afternoon walking and running on the beautiful trail at the Terry Fox complex. We also found out this week that we were the top fundraising school in all of PEI for 2025. We raised \$7270.28 last year! Thank you to our entire community for all of your support!

Head Lice: As we move into the Fall season, head lice tends to make an appearance at school. We have had a few cases so far this school year and want to take this time to remind students to not share hats, hair brushes and other clothing at school. School children get head lice more often than adults. When children play, their heads often touch, allowing lice to crawl from head to head. Head lice can spread by direct head-to-head contact; however, lice can live away from a human host for up to three days. If you do find that your child has head lice, **please inform the school.**

Additional information can be obtained from:

Health PEI – Public Health Nursing at 368-4530 or at the Canadian Paediatric Society website: https://caringforkids.cps.ca/handouts/health-conditions-and-treatments/head_lice

Scream Park: We are getting prepared for our annual Scream Park on Wednesday October 21st. We will have our lighthearted theme from 5:30-7pm and then our scary theme from 7:30-8:30pm. It is a great community event and we hope to see you all there!

Scream Park Leadership: Our grade 6 leadership students will be asked to stay after school on Thursday October 15th to help prepare props, crafts and treat bags for our fundraiser. Parent pick up will be at 4pm.

Scream Park Donations: We are asking that any families that can, donate treats and other items to our event. Here is the link the sign up genius created by our Home and School: <https://www.signupgenius.com/go/9040E44A5AB2AAAFB6-66304935-scream#/> We need all items by Tuesday October 13th so that our Leadership students are able to prepare!

Scholastic Book Fair: We will be hosting our Scholastic Book Fair in November around Parent Conferences. Mrs. Jennifer Giddings, our teacher librarian will be looking for volunteers to help run the book fair during the day. If you are able to give your time, please reach out to jlgiddings@edu.pe.ca. All volunteers need to have an up to date criminal record check. Contact the office if you need a letter to take to police services (so the record check is free).

Biking/Scootering to School: We love that our bike racks are filled each morning with so many students choosing to start their morning with exercise! We would like to remind our students to obey the rules of the road, particularly in the crossing of Meadowbank Road.

- Students should dismount their bikes and cross at the lights when the "Walk" sign is activated.
- Students should avoid the Independent Grocery store parking lot and use Hilltop Avenue from Meadowbank.
- HELMETS are MANDATORY by law.

As well, our staff are not on duty before 8:05am, so please know that students that arrive before that time are not supervised.

No Stone Left Alone: Our grade 4 classes will be once again participating in the *No Stone Left Alone* ceremony at Sherwood Cemetery on November 9th. The [No Stone Left Alone](#) Memorial Foundation is a Canadian organization dedicated to honouring fallen military members by engaging youth in hands-on acts of remembrance. Through local cemetery ceremonies, students learn about military history and express their gratitude by placing poppies on the headstones of Canadian veterans. This personal experience helps children build a meaningful connection to Canada's service members while fostering lifelong respect, empathy, and appreciation for peace and freedom. Grade 4 teachers will share more information about this day as we get closer to November.

Donations of Gently Used Clothing: We always appreciate donations of gently used clothing for our students. Lots happens during the day and students sometimes need to change due to wet or dirty clothing. We are currently looking for sweat pants and leggings in larger sizes (adult large and XL).

Attendance: Every day counts. Every student matters: Regular attendance helps students build friendships, stay connected to learning, and develop the skills and confidence needed to succeed. We understand that families may face challenges that affect attendance, and schools are committed to partnering with families to support student success.

For tips on building healthy routines that promote regular attendance, and for available support, visit the Department of Education and Early Years [website](#).

Web Link:

<https://www.princeedwardisland.ca/en/information/education-and-early-years/school-attendance>

Do you follow us? At Eliot River, we use emails, newsletters, and social media to share all the fun things going on in our building. Please follow us at:

Instagram: @eliotriver

Facebook: ERES

X: @eliot_river

Home and School on Facebook: You can find our Home and School also on Facebook by searching: *Eliot River Home and School*

The information below is from the Department of Education and Early Years:

As [Artificial Intelligence \(AI\)](#) continues to evolve, we recognize the importance of addressing parent/guardian questions regarding its use in education and the safeguards that are in place for students.

The Department of Education and Early Years recognizes both the opportunities and the responsibilities associated with the use of AI in schools. The use of AI platforms in classrooms in PEI schools is not mandatory. Teachers continue to be responsible for planning instruction, assessing student learning, and determining when and how technology (including AI) can be appropriately incorporated into classroom activities. The Department of Education and Early Years' approach is

based on the principle that AI can be a tool to support learning. The goal is to help students develop the knowledge, skills, and critical thinking abilities needed to use these technologies appropriately, ethically, and effectively in an increasingly digital world.

Google Gemini and Gemini Notebook have been approved for student use when logged into their @cloud.edu.pe.ca account. Using this account provides students with an extra layer of security and privacy because of provincial agreements with Google and Google's commitment to not use prompts or information from education accounts to train their models. Google does not have access or visibility of Gemini or Gemini Notebook use within our accounts. Student Google accounts are set to only provide content that is approved and safe for users under 18.

As with any educational resource, the use of AI by students is guided by teacher direction and age-appropriate expectations. Students who are permitted to use AI are expected to use AI responsibly, ethically, and in accordance with school and classroom guidelines. This includes understanding that AI-generated information may not always be accurate, and that students must continue to apply critical thinking, verify information, and demonstrate their own learning and understanding.

Teachers are also expected to use AI responsibly and professionally. Teachers and school administrators will continue to receive guidance regarding privacy, confidentiality, data protection, academic integrity, and appropriate instructional practices. Any use of AI must comply with existing policies related to the sharing of student information, professional conduct, and educational standards.

One of the reasons AI has been incorporated into the ICT form is to ensure that parents and students are informed that these technologies **may** be used in classrooms and that their use is subject to the same expectations for responsible digital citizenship that apply to other technologies used in schools.

Through guidance, students are given the opportunity to use AI in different ways to support their learning. Teachers may or may not choose to use AI in their classrooms. Teachers will determine if and how students can use AI for their learning.

Students in grades K - 3 do not use AI in their learning.

At the discretion of their teacher:

Students in grades 4 - 6 may use AI as a helper. Some ways they may use AI to help them are to get ready for tests or to help them brainstorm.

Students in grades 7 - 12 may use AI as a guide, tutor, or collaborator.

Individuals who choose not to allow their students to use Google AI in the classroom, can be assured their child will not have access to Google AI in the classroom. In these cases, the school administration will ensure teachers provide learning alternatives that do not use artificial intelligence through differentiated instruction. There is no deadline for signing the Responsible Use Agreement.

As the educational use of AI continues to evolve, the Department and education authorities will continue to review emerging best practices and provide guidance to teachers, students, and families. The Department is actively working on guidance documents and will make them available as soon as possible.

Provincial Home & School News

Home & School News, October 2026

Semi-Annual Meeting Registration is Open

Parents, school staff, and community members are invited to the Semi-Annual Meeting

Date: Tuesday, October 20, 2026

Time: 6:00 to 8:00 p.m.

Place: Gulf Shore Consolidated School, Rustico, PEI

TOPICS:

1. Compass Youth Health Survey Results 2025-26 by Cody Davenport

2. Home & School Networking = We want to hear from you! Local Home & Schools will lead the discussions on topics:

A. Active Involvement & Relationship Building - Engagement, positive school culture, and strengthening the 'home' and the 'school' relationships

B. Breakfast & Snack Programs - Supporting students' well-being; engaging newcomers/volunteers

C. Fundraising & COSPEI - Effective strategies/alignment with COSPEI

REGISTER by Oct. 15, 2026. Use this Google Form link:

<https://forms.gle/DWTJ58p82CRNMZQ78>

Training Workshops for Volunteers

Vicki Bryanton and Stephen Gould will lead Home and School Training Workshops as follows:

Tues., Oct. 6 Alberton Elementary School 6:00 – 7:30 pm

Mon., Nov. 2 Spring Park Elementary School 6:00 – 7:30 pm

Tues., Nov. 3 Souris Regional School 6:00 – 7:30 pm

All volunteer parents and teachers in your school are welcome to attend and learn helpful tips for executive roles (i.e., President, Co/Vice President, Secretary, Treasurer) and general information for all volunteers. No cost. Refreshments provided. Register by contacting Shirley at: ssmedleyjay@gov.pe.ca or 902-620-3186.

Register for Alberton by Oct. 2nd. / Register for Spring Park & Souris by Oct. 28th.

Crossing Guard Recognition Award

Awards recognize deserving individuals in school communities. The P.E.I. Home and School Federation Crossing Guard Award celebrates individuals who help keep students safe every school day. Nominations are due Nov. 1. Find the application at:

<https://peihsf.ca/crossing-guard-award/>

Parent Leadership Grants

Funds available for up to \$500 for Home and Schools to organize parent educational information sessions. Invite speakers to address topics of interest to your school community (i.e., Mental Wellness, Cyberbullying Awareness, School Food Programs, Proper Use of Cell Phones). Submission deadline: Nov. 30. Grant Application and Speakers Resource:

<https://peihsf.ca/grants/>

Update Local Home and School Contacts

Presidents: Use the Google Form to update this year's current Home & School executive contact details by Oct. 1st. (<https://forms.gle/TB4W9WJuUndDeLPd6>)

Treasurers: Submit 2026-2027 Membership fees to the Federation office by Oct. 15th.

E-transfers to: peihsf@gov.pe.ca Or mail a cheque to: PEIHSF PO Box 1012 Charlottetown PE C1A 7M4

Cyberbullying Workshops

Community Legal Information offers cyberbullying workshops for youth and for parents and caregivers. The workshops are to help prevent cyberbullying and support youth who may be experiencing it. Now that school is back, local Home and Schools may be interested in hosting a youth (12-17) or a parent/caregiver workshop.

The workshops include info about:

- Building language and understanding,
- Spotting the signs of cyberbullying,
- Learning about Canadian youth's online experiences and online spaces they access, Understanding luring and sexual extortion
- Understanding what the law says
- Supporting youth facing cyberbullying
- Using tools and resources for prevention and response

Book with Malak at: malak@legalinfopei.ca | 902-892-0853

Community News...

~ **Building Bridges Workshop** brings together individuals, organizations, community leaders, and service providers from across PEI to explore practical approaches to addressing hate, bias, and identity-based harm and to strengthen connections across our communities.

Workshop Details =

- **Date:** Thursday, October 29, 2026
- **Time:** 8:00 a.m. to 4:00 p.m.
- **Location:** Charlottetown Central Library

Reply to antiracisminfo@gov.pe.ca with your name and names of other attendees from your organization. *Hosted by: Anti-Racism Office Executive Council Office Government of P.E.I.*

~ **Life after High School!** Sessions to be held in the Charlottetown area on Oct 18th & 26th. Everyone who attends will leave with a university application checklist and a networking guide for beginners. Parents, teens, and educators are welcome to register. Tickets: \$15 pp or \$25 for a family. All the information is available at <https://careerified.ca/life-after-high-school/>. success.

Community News

The information provided is for information purposes and is not necessarily sanctioned by the school or Public Schools Branch.



CORNWALL COMETS MINOR BASKETBALL ASSOCIATION



Registration is open!! Our program provides basketball instruction and game opportunities to children in grades K - 6. Our season runs from mid-October to early March. Registration information - including practice schedules and fees – are available on our Facebook site (Cornwall Comets Minor Basketball Association), or email cornwallcomets@gmail.com for further information



Learn to Skate with Us!



Registration is open for Speed Skating PEI programs starting late September. Our Learn to Skate program is aimed at skaters 4 to 8 years old who are just starting to skate or who want to improve their basic skating skills. For those who can already skate and are looking to improve their speed and strength, we offer a range of programs for all ages and levels. Visit us at speedskatingpei.ca to learn more or sign up today! If you have any questions, please email info@speedskatingpei.ca



Fall Indoor Soccer Programs - Delta Soccer's Fall Indoor Soccer programs start November 10th at the APM Centre Gym in Cornwall. Programs are available for kids ages 4 to 11. Each session blends fun play with age-appropriate learning, helping children build movement skills, confidence, and a love for the game. Registration opens October 13th. For more information please visit deltasoccer.ca or email joel@deltasoccer.ca.



~~Dairy Farmers of Canada's Registered Dietitians

For access to ready-to-use food and nutrition resources developed by Dairy Farmers of Canada's Registered Dietitians, go to TeachNutrition.ca.
See a catalogue of free resources available in English and French for parents and educators



Town of
CORNWALL
so much to offer...

Learn
Create
Move
Make Friends
Have Fun!

**FALL
PROGRAMS**

YOUTH PROGRAMMING

**AWESOME
PROGRAMS
FOR KIDS
& TEENS!**

BAKING FOR KIDS

Did you know having kids involved in baking can help encourage them to try new baked goods? Kids will make use of proper baking techniques, learn about safety in the kitchen, prepare simple yummy treats and discover how fun and easy this can be.



Program Dates: Sep 15 – Oct 20

Location: Cornwall Civic Centre

Day: Tuesdays

Time: 5:30pm – 6:45pm

Ages: 7 – 10 years

Rate: \$40.00 / session

Non-Resident: \$45.00 / session

HOLIDAY DESSERTS & TREATS

Did you know teaching kids about basic cooking skills, food, and kitchen safety, can help them develop valuable life skills? Each week the children will learn how to make a different treat and once completed they will enjoy their special creation.



Program Dates: Oct 27 – Dec 1

Location: Cornwall Civic Centre

Day: Tuesdays

Time: 5:30pm – 6:45pm

Ages: 7 – 10 years

Rate: \$40.00 / session

Non-Resident: \$45.00 / session

BEGINNER HIP HOP

A fun beginner dance class introducing basic grooves, footwork, and dance steps while building confidence, developing new skills, and learning to move to the music while having fun!



Program Dates: Sep 19 – Nov 28

Location: Cornwall Civic Centre

Day: Saturdays

Time: 12:15pm – 1:15pm

Ages: 6 – 12 years

Rate: \$45.00 / session

Non-Resident: \$55.00 / session

YOUTH FALL BALL HOCKEY

A fun outdoor hockey program for all skill levels, focused on learning the game, good sportsmanship, making friends, and having fun!



Program Dates: Sept 12 – Oct 10

Location: Terry Fox Complex

Day: Saturdays

Times:

6 – 8 years 8:30am – 9:15am

9 – 11 years 9:30am – 10:15am

12 – 13 years 10:30am – 11:30am

Rate: \$30.00 / session

Non-Resident: \$45.00 / session

BE YOU GIRLS CLUB

Join us every Monday for a fun program designed for girls to build friendships, confidence, and self-esteem while exploring positive relationships and healthy coping skills through crafts, sports, games, and more!



Program Dates: Sep 14 – Nov 30

Location: Cornwall Civic Centre

Day: Mondays

Time: 5:30pm – 7:00pm

Ages: 8 – 11 years

Rate: \$40.00 / session

Non-Resident: \$45.00 / session

NERF NIGHT

Teens will take on team missions and Nerf battles focused on strategy, teamwork, and friendly competition in a safe, active environment.



Program Dates: Sep 17 – Dec 3

Location: Cornwall Civic Centre

Day: Thursdays

Time: 6:00pm – 7:15pm

Ages: 9 – 12 years

Rate: \$35.00 / session

Non-Resident: \$40.00 / session



HOME ALONE

This course teaches children how to stay safe and responsible when home alone for short periods. Topics include internet and stranger safety, basic first aid, healthy snacks, and staying safely occupied.

1st Session: Thursday, November 5

2nd Session: Friday, November 27

Location: 1st Session – Cornwall Civic Centre

2nd Session – Cornwall Town Hall

Time: 10:00am – 12:00pm

Ages: 9 – 12 years

Rate: \$25.00 / session

Non-Resident: \$35.00 / session

**BE SAFE
BE PREPARED
BE CONFIDENT**

Register Today!



902-628-6260



www.townofcornwall.ca

TOWN OF CORNWALL PARKS & RECREATION

**Healthy Kids
Stronger Communities**

MAKE A SPLASH WITH THE CHARLOTTETOWN NAIADS!

We are looking for Aqua Go and Novice Swimmers to grow our club!
Does your child love the water, swimming, music, and having fun with friends?

AQUA GO - A great introduction to artistic swimming for younger or newer swimmers!

- ✦ Learn basic artistic swimming skills
- ✦ Build confidence in the water
- ✦ Have fun with music and friends
- ✦ No previous artistic swimming experience needed!

NOVICE - Perfect for swimmers who are ready to learn more and take their skills to the next level!

- ✦ Learn artistic swimming skills and routines
- ✦ Improve strength, flexibility, and swimming ability
- ✦ Make new friends
- ✦ Have fun while being part of a team!

Come try something new and make a splash with the Charlottetown Naiads!

 Charlottetown, PEI | synchrowimpei@gmail.com
 Contact the Charlottetown Naiads for registration and program information

[CHANCES Smart Play Program](#)



CHANCES

SMART PLAY SCHOOL-AGED PROGRAM 2026-2027

CHANCES Smart Play School Age Program currently has limited spaces available for school-aged children. We offer a safe, engaging, and nurturing environment where children can learn, play, and grow through fun activities, outdoor play, and meaningful connections. Contact us today to learn more and reserve your spot!

Locations Available:

- ✓ Smart Play Murphy's
- ✓ Smart Play Valley St
- ✓ Smart Play Ferry Rd
- ✓ Smart Play Donagh
- ✓ Smart Play Rustico
- ✓ Smart Play Cardigan

LEARN MORE

Email: michelledalton@chancesfamily.ca

★ 1st Step Basketball Camp ★

We've built out a full season this year — three blocks running October through April, all at the UPEI Sports Centre, all coached by UPEI Panthers players.

FALL SKILLS CAMP (Grades 7–9)

Three Sundays: Oct 4, 11, 25 — **\$100**

Tryout prep. Middle school tryouts are in November.

WINTER DEVELOPMENT CAMP (Grades 3–9)

Six Sundays: Nov 1 – Dec 6 — **\$200**

12:30–4:00. Elementary and middle school in separate groups.

PANTHERS SEASON PROGRAM (Grades 3–9)

Twelve Sundays: Jan 10 – Apr 11 — **\$300**

Our first full season. New format, three months of it.

Register for any camp by September 24 and your player gets into Mickey Place free!!

Mickey Place is the UPEI men's and women's opening home tournament, Sept 25–27. Registered players get free entry all weekend, a 1st Step Basketball wristband, and seats in our section behind the Panthers bench.

Come find our booth in the gym! There's a halftime shooting contest for the kids too.

Spots are limited and confirmed once e-transfer is received at 1ststepbball@gmail.com. Put your child's name in the message so we can match it up.

Register here:

[Fall Skills Camp — Grades 7–9 — Fill out form](#)

[Winter Development Camp — Grades 3–9 — Fill out form](#)

[Panthers Season Program — Grades 3–9 — Fill out form](#)

