

Eliot River Elementary

Mission Statement: Making choices for positive learning



Upcoming Important Dates:

February 16th	ERES Winter Wellness Day (tentative)
February 19th	Islanders Day - (No School)
March 7th	Parent Teachers Conferences (Evening)
March 8th	Parent Teacher Conferences (No Classes)
March 21st	Report Cards Go Home
March 22nd -28th	Mid Term Break (No School)
March 29th	Good Friday (No School)
April 1st	Easter Monday (No School)
April 11th	Internet Safety Parent Presentation - 6:30pm
April 19th	Professional Learning Day (No Classes)

Winter Wellness Day: Is officially on Friday, February 16th. Grade 6 students will be offered the opportunity to go to Brookvale skiing that day (permission slips and information already sent home). There will be outdoor activities planned for Grade 4 and 5 students at school during that day. Please ensure that your child comes to school with all necessary items for being outside for a large portion of the day.

Late French Immersion Information Session: An information meeting for any Grade 6 families interested in enrolling their child in the late French Immersion program at East Wiltshire for grade 7 will be held on Thursday, February 8th at 6 p.m. at East Wiltshire.

Early Morning Sports: Early morning sports at ERES will continue this month. There has been a great turn out every day. A reminder that all students are welcome. There's no sign up needed and they can choose which days they would like to attend. They can come all three if they would like!

- Start time is 7:30 a.m. Students cannot be dropped off before 7:30 a.m. as staff need to be onsite to accept them.
- Entrance for students will be the side door between the gym and activity room. Please enter the school via Main Street/Terry Fox Place and drop off your child at our drop off location. Students will walk down the long sidewalk (along our construction zone) to the entrance.

Sports being offered:

- Tuesdays - Basketball
- Wednesdays - Dodgeball
- Thursdays - Badminton

If school is cancelled or delayed, there will be no early morning sports that day.

Grade 4 Superflex Program: Our Behaviour Resource Teacher (Darren Ford) and Youth Service Worker (Valerie Acorn) have begun working with our grade 4 classes on the **Superflex** program. The goal of this curriculum is to provide a fun, motivating way to improve our students' social and behavioural flexibility and to ultimately develop better self monitoring and self feedback loops for their social behaviour. The concept of the program is that we all have a superhero (Superflex) in our brains and he constantly has to battle the "Team of Unthinkables" who are a variety of unexpected behaviours. The program fits perfectly with the Social Emotional Learning our school is continuing to focus on. The classes will participate in these lessons (two 30 minute sessions during a 6 day cycle) for approximately the next 10 weeks. As the lessons progress, they will provide opportunities for students to learn about the different "Unthinkable" characters while building on their ability to recognize these behaviours in themselves and others. In addition, they will learn and practice using "Superflex Strategies" to overcome and alter their responses and actions when the "Unthinkables" make an appearance.

For an overview of the characters of the program and the vocabulary that may support conversations with your child, please see the following link:

<https://eliotriver.edu.pe.ca/sites/eliotriver.edu.pe.ca/files/Appendix%20B%20-%20Cards.pdf>

Attendance: A reminder that the PSB Engagement and Attendance Policy (<https://psb.edu.pe.ca/attendance-and-engagement>) expects teachers to communicate with parents their child's absences that become concerning (more than 5 a semester or 10 per school year). As we move past the halfway point of the school year, some of these absences have gone beyond 15 absences. As a school, we are obligated to email parents and set up meetings to talk about how to support you in ensuring that your child attends each day so that their potential for educational success can be met. If you receive one of these letters, please know that we are here to support you and your child in any way possible. Let's work together to help our students be successful.

Save the Date(s): Our Home and School Committee was able to secure a grant to host two parent sessions in the Spring. We plan to offer snacks and provide childcare. The sessions (presented by our school counsellors) will mirror presentations done with our students to help bridge the conversations between home and school. More information to follow, but please put these dates in your calendar.

- **Internet Safety Parent Presentation –Thursday April 11th, 2024 at 6:30pm** – This presentation will provide parents with a broad overview of the Internet Safety presentation that is delivered to students, foster an opportunity to discuss challenges that families and children have, and gain some tools on how to address some of those challenges. Our hope is that together we can help our children make safe, healthy and responsible choices when engaging in online behaviours.
- **Understanding your Brain Parent Presentation – Thursday May 2nd, 2024 at 6:30pm** – This presentation will provide parents with a snapshot of the psychoeducation that is taught to students that deals with the physiological response to emotions. Our hope is that together we can support children when they have challenging emotions by giving them knowledge about what is happening in their bodies, the language to support their understanding, and the tools to help them better regulate their emotions.

Croc Charms: ERES is announcing a fun new way to show your school spirit. Club Charming is partnering with Eliot River to offer Ozzy and Daisy croc charms for sale. 1 charm is \$6, or you can order the Ozzy and Daisy set for \$10. Charms will be available shortly for order on our Hot Lunches website. Orders will remain open for the month of February and will be delivered the first week of March. If you would like to surprise your child with this gift (Easter, maybe?), just send an email to your child's homeroom teacher and they can tuck the order away until you are able to pick it up.



\$6	Ozzy Mascot Only
\$6	Daisy Mascot Only
\$10	Both Ozzy and Daisy Mascots (2 separate charms)

Eliot River Staff Appreciation: The Home & School Association would like your help in thanking the Amazing Staff at Eliot River during the week of February 12th - 16th by signing up to bring in a treat for them to enjoy! All items must be peanut free and should be sent to school with your student if possible. If necessary, donations can be dropped off to the Main Office by 10am. In the event of a storm day closure, please feel free to send your treat on the following day. As always, thank you for your support!

<https://m.signupgenius.com/#!/showSignUp/9040E44A5AB2AA AFB6-47636611-teacher>

Dressing for the Weather: a reminder that our students go outside in all kinds of weather for recess and activities, including light rain/drizzle and snow. As we are well into colder temperatures, please remind your child to dress warmly every day. Jackets, boots, hats and mitts are required every day. A change of clothes, especially socks, is great to have in your child's school bag each day for emergencies.

Forks, Spoons and Water Bottles: please continue to send utensils if your child orders from the provincial lunch program, as they are not provided. As well, please send a water bottle to school each day as most of our fountains are now water bottle filling stations only.

Eliot River's 50th Anniversary: 2023 was the 50th Anniversary of Eliot River Elementary. We have special clothing available from All Star Cresting. It might make a great gift for current and former students! https://allstarcresting.ca/eliot_river_elementary_school/shop/home

School Cancellations: All Public Schools Branch (PSB) weather-related cancellations will be announced on local radio stations and posted on the PSB website by 7:00 am with an announcement that “all classes in the public schools branch are cancelled” means that there is no school for students. An announcement of a “system-wide shutdown” indicates that all schools and offices are closed. In some instances, it may only be necessary to close an individual school or a Family of Schools. Partial system closures or delays will be announced by Family of Schools. Please remember we are in the Bluefield Family of Schools.

One Hour Delay: If a decision on cancellation cannot be made by 7:00 am, a one-hour delay will be announced whereby all schools and buses will operate one hour later than usual. A further announcement will be broadcast by 8:00 am.

Late Busses: In some instances, even in fine weather, buses may be delayed. Parents will be notified via radio broadcast that a bus will be delayed (i.e. Bus #92 is running 30 minutes late).

School Closure During the Day: It may be necessary to close school partway through a school day. Detailed announcements will be made on local radio stations and posted to the PSB website as early as possible. We will send an email as soon as we know. We will follow your child's early closure plan, unless you arrive at the school to pick up your child before we dismiss. Please understand that our phone lines become very busy and we are often tied up contacting bus drivers etc, so calling the school to change your child's plan is not recommended.

Do you follow us? At Eliot River, we use emails, newsletters, and social media to share all the fun things going on in our building. Please follow us at:

Instagram: @eliotriver

Facebook: ERES

Twitter: @eliot_river

Home and School on Facebook: Eliot River Home and School

Home and School News



PRESIDENTS' ANNUAL REPORTS

PRESIDENT'S ANNUAL REPORTS ARE DUE FEBRUARY 29. ALL REPORTS WILL BE INCLUDED IN THE 71ST ANNUAL BOOK OF REPORTS. INCLUDE ACTIVITIES FOR THIS SCHOOL YEAR, STARTING IN SEPT. THROUGH TO THE END OF JUNE. YOU CAN GET TIPS ON HOW TO WRITE YOUR REPORT BY READING OTHER REPORTS IN LAST YEAR'S [2023 BOOK OF REPORTS](#) AT: [HTTPS://PEIHSF.CA/AGM/](https://peihsf.ca/agm/). USE A BLOG FORMAT BY LISTING EACH MONTH AND RELATED ACTIVITIES IN BULLET FORM. USE THE FEDERATION'S NEW [PRESIDENT'S ANNUAL REPORT 2024 GOOGLE FORM](#). IF YOU NEED HELP, CONTACT THE OFFICE PEIHSF@GOV.PE.CA / 902-620-3186

TEACHER/STAFF APPRECIATION WEEK

CELEBRATE TEACHERS/STAFF APPRECIATION WEEK, FEBRUARY 12-16, 2024. HOME AND SCHOOL ASSOCIATIONS PLAN WAYS TO THANK SCHOOL STAFF DURING TEACHER/STAFF APPRECIATION WEEK. START NOW. BRAINSTORM IDEAS TO THANK SCHOOL STAFF.

HOME AND SCHOOL VOLUNTEER AWARDS

THE FEDERATION'S VOLUNTEER OF THE YEAR AWARD RECOGNIZES ONE VOLUNTEER'S SIGNIFICANT CONTRIBUTIONS TO HELPING VOLUNTEERS IN THEIR LOCAL SCHOOL COMMUNITIES. **THE LIFE MEMBER** ACKNOWLEDGES SERVICE TO THE PROVINCIAL FEDERATION. **ASSOCIATIONS MAY NOMINATE HOME AND SCHOOL VOLUNTEERS FOR THESE AWARDS BY THE DEADLINE: MARCH. 3. CRITERIA AND FORM ARE ONLINE AT:**
[HTTPS://PEIHSF.CA/AWARDS/](https://peihsf.ca/awards/)

SAVE THE DATE: APRIL 13, 2024

THE P.E.I. HOME AND SCHOOL FEDERATION'S ANNUAL GENERAL MEETING WILL BE ON APRIL 13, 2024, AT THE RODD CHARLOTTETOWN HOTEL. THE FEDERATION OFFICE WILL MAIL THE AGM PACKAGE TO PRESIDENTS AND INFORMATION WILL BE POSTED AT: [HTTPS://PEIHSF.CA/AGM/](https://peihsf.ca/agm/) PLAN TO REGISTER 2-5 DELEGATES TO REPRESENT YOUR SCHOOL.

WHAT IS THE ROLE OF EDUCATORS AND PARENTS IN THE EDUCATION OF STUDENTS?

PARENTS AND EDUCATORS WORK TOGETHER TO SUPPORT AND IMPROVE THE LEARNING, DEVELOPMENT AND OVERALL HEALTH OF CHILDREN AND YOUTH. WE PLAY MAJOR ROLES IN THE EDUCATIONAL SUCCESS OF STUDENTS. STUDENTS NEED A POSITIVE LEARNING EXPERIENCE TO SUCCEED IN SCHOOL: ONE PROVIDING SUPPORT, MOTIVATION, AND QUALITY INSTRUCTION. WITH THE INCREASING DEMANDS ON THE FAMILY, PARENTAL SUPPORT IN THE EDUCATION OF STUDENTS EXTENDS BEYOND THE SCHOOL BUILDING. IT'S A SHARED RESPONSIBILITY! YOU REALLY CAN BOLSTER A CHILD'S EDUCATION BY CREATING A SUPPORTIVE LEARNING ENVIRONMENT AT HOME. YOU CAN ALSO DO SO BY BECOMING MORE INVOLVED IN THE SCHOOL COMMUNITY. THE RESEARCH SAYS THAT PARENT AND FAMILY INVOLVEMENT CREATES BETTER OUTCOMES FOR STUDENTS.
[HTTPS://WWW.PRODIGYGAME.COM/MAIN-EN/BLOG/PARENTAL-INVOLVEMENT-IN-EDUCATION/](https://www.prodigygame.com/main-en/blog/parental-involvement-in-education/)

~PINK SHIRT DAY CANADA 2024 IS ON FEBRUARY 28TH LET'S WORK TOGETHER TO END BULLYING AND SPREAD KINDNESS! A NEW PINK SHIRT PROJECT FOR HIGH SCHOOLS URGES YOUTH TO CREATE A KINDNESS INSPIRED PROJECT FOR THEIR SCHOOL OR COMMUNITY. STUDENTS CONCEIVE OF AND IMPLEMENT THEIR VERY OWN IDEAS FOR SPREADING GOOD! FOR MORE INFORMATION GO TO: [HTTPS://PINKSHIRTDAYCANADA.CA/](https://pinkshirtdaycanada.ca/)

~EARLY CHILDHOOD DEVELOPMENT ASSOCIATION HANDLE WITH CARE COURSE = PROVIDES PARENTS, EDUCATORS AND ALL CAREGIVERS THE UNDERSTANDING OF CHILDREN'S SOCIAL AND EMOTIONAL NEEDS, AS WELL AS UNDERSTANDING AND DEVELOPING THEIR OWN. PROGRAMS: BGC CHARLOTTETOWN, JAN. 30TH 6:00-8:00; CHARLOTTETOWN ROYALTY CENTRE RM 212, STARTING FEB. 5TH 11:30-1:30; STRATFORD TOWN HALL, SOUTHPORT RM, STARTING FEB. 7TH 6:30-8:30 PM. MATERIALS/REFRESHMENTS PROVIDED. CONTACT SARA MACDOUGALL TO REGISTER HWCEI@ECDAOFPEI.CA OR 902-368-1870.

Community News

Winter Indoor Soccer Programs

Delta Soccer is offering winter indoor programs that will run between February 18th and April 5th. Programs consist of six, 1-hour sessions and there are options for participants born between 2011 and 2020. For program descriptions, schedules and to register go to delta.soccer.ca.

Prince Edward Island Spelling Bee Registration

The P.E.I. Chapter Spelling Bee Competitions will take place in person in PEI on April 20, 2024. Every child will receive a participation certificate. The 1st, 2nd, and 3rd place finishers in each age category will receive cash prizes and trophies. The 1st place winner from each category will be eligible to participate in the Championship Competition in person in Toronto on May 26, 2024. Parents/guardians can register for the 2023-2024 Spelling Bee Competition at www.spellingbeeofcanada.ca/registration. All High school students 15 years and older are invited to be trained to be a Coach, Mentor or Tutor and gain community hours, while helping to make a difference in a child's life. They can email coordinator.pei@spellingbeeofcanada.ca for more information.

323 Blue Heron Sea Cadets in Cornwall, FREE TO JOIN!

Sea cadets is a **FREE** program for youth ages 12-18 that encourages self confidence, citizenship, and responsibility in a structured dynamic program. Our program gives the opportunity to learn about sailing, nautical activities, and to have fun! Cadets learn useful skills such as leadership, teamwork, and self discipline that will help them to succeed in the future. Cadets also offers various opportunities; to learn new skills, such as marksmanship, orienteering, music, and biathlon. Also, to experience summer camps, trips, international exchanges and achieve additional high school credits. It is a place where you can connect with other youth and build lifelong friendships.

We would love to invite you to come check us out, youth are able to join at any time! Drop in on parade nights when we meet every Wednesday night at the West River United Church at 6:15pm

For further information call 506-866-2460 or check us out on Facebook

<https://www.facebook.com/323blueheron>

Drum Lessons

Interested in learning a fun and challenging instrument to make music solo or with a band? Take drum sessions with Mat MacEachern at Long & McQuade Lesson Centre in Charlottetown!

For inquiries, please contact the Long & McQuade Lesson Centre at 902-367-3433 or charlottetownlessons@long-mcquade.com